

Skill Validation Competency

All must initial and date all therapy skills you have experience in. A Physical Therapist will validate and sign all skills.

Physical Therapist	Pediatric	Adult
Skills	Employee Initials/Date	Validator Initials/Date
Physical Therapy Assessment		
Neurologic		
Pediatric/Developmental,		
Cardiopulmonary		
Chronic Disease		
Wounds		
Goniometry		
Manual Muscle Testing		
Vital Signs		
B/P		
Pulse		
Respirations		
Temperature		
Flexibility		
Sensation		
Reflexes		
Segmental Length		
Segmental Girth		
Segmental Volume		
Endurance		
Pain Evaluation		

Skills	Initials/Date	Validator Initial/Date
Balance		
Activities Of Daily Living		
Therapeutic Exercises		
Therapeutic Modalities		
Wheelchair Training		
Ultrasound		
Accuscope/Electrical Stimulation		
Myopulse		
Tens		
Cervical Traction		
Pelvic Traction		
Moist Hot Packs		
Ice		
Stretching For Back Pain Exercises.		
Strengthening For Back Pain Exercise		
Low-Impact Aerobic Conditioning		
Barriers/Environmental Modifications.		
Teach Proper Posture		
Body Mechanics		
Lifting Techniques		
Universal Precautions		
Positioning		

Skills	Initials/Date	Validator Initial/Date
Draping		
Transfer		
Gait Training		
Assistive Devices		
Walker, Cane, Crutches		
Balance Training,		
Therapeutic Heat		
Therapeutic Cold.		
Discharge Planning		
Psychosocial Support		
Communication		
Patient/Family Education,		

Employee Signature _____ Date: _____

Validator Signature: _____ Date: _____